

os	Nombre	Tiempo																				
C3 (31)		1(33)	2(64)	3,1 km 3 m		19 C														Meta		
				3(32)	4(53)	5(87)	6(88)	7(83)	8(41)	9(40)	10(43)	11(42)	12(66)	13(45)	14(61)	15(63)	16(85)	17(35)	18(37)	19(73)		
1	CESC AMAT FONT CAT ALIGOTS	53:09	4:51 4:51	8:08 3:17 45:04	9:21 1:13	10:43 1:22	12:02 1:19	14:35 2:33	16:53 2:18	19:20 2:27	24:04 4:44	26:13 2:09	28:36 2:23	29:56 1:20	31:27 1:31	32:58 1:31	36:30 3:32	46:22 9:52	47:03 0:41	50:27 3:24	52:29 2:02	53:09 0:40
2	Daniel Lopez CAT NO CLUB	56:25	8:44 8:44	14:48 6:04	16:12 1:24	17:47 1:35	19:59 2:12	21:38 1:39	24:12 2:34	28:53 4:41	30:55 2:02	32:45 1:50	38:16 5:31	40:17 2:01	41:53 1:36	43:51 1:58	47:29 3:38	50:16 2:47	51:23 1:07	53:20 1:57	55:26 2:06	56:25 0:59
3	Josep Selga San Jo CAT NO CLUB	1:05:10	3:37 3:37	8:04 4:27	9:54 1:50	12:10 2:16	13:54 1:44	17:46 3:52	21:04 3:18	25:00 3:56	30:14 5:14	33:13 2:59	38:05 4:52	41:13 3:08	43:29 2:16	46:55 3:26	51:08 4:13	57:08 6:00	57:58 0:50	1:00:09 2:11	1:04:23 4:14	1:05:10 0:47
4	PILAR VIDAL FLAQU CAT BO	1:07:15	3:21 3:21	7:46 4:25	9:39 1:53	12:05 2:26	13:36 1:31	16:18 2:42	20:00 3:42	24:01 4:01	29:41 5:40	33:54 4:13	36:12 2:18	40:20 4:08	43:20 3:00	45:20 2:00	55:33 10:13	59:03 3:30	1:01:08 2:05	1:03:33 2:25	1:05:57 2:24	1:07:15 1:18
5	LAIA SANTAMARIA O CAT BO	1:09:34	3:23 3:23	13:21 9:58	15:06 1:45	17:22 2:16	18:46 1:24	21:09 2:23	24:28 3:19	29:25 4:57	34:17 4:52	37:07 2:50	38:53 1:46	40:01 1:08	42:22 2:21	44:22 2:00	53:12 8:50	1:01:05 7:53	1:02:48 1:43	1:05:28 2:40	1:08:35 3:07	1:09:34 0:59
6	Maati Broumi Blaya CAT NO CLUB	1:13:18	3:09 3:09	6:36 3:27	10:45 4:09	13:10 2:25	14:25 1:15	16:52 2:27	19:23 2:31	25:00 5:37	27:23 2:23	30:12 2:49	33:45 3:33	37:37 3:52	39:33 1:56	41:04 1:31	59:53 18:49	1:03:29 3:36	1:06:00 2:31	1:08:49 2:49	1:12:46 3:57	1:13:18 0:32
7	ADELA ILLAMOLA C CAT U.E.Vic	1:13:55	4:16 4:16	10:20 6:04	13:25 3:05	16:37 3:12	18:37 2:00	23:28 4:51	28:09 4:41	33:02 4:53	36:36 3:34	39:53 3:17	42:17 2:24	44:49 2:32	47:43 2:54	50:56 3:13	57:15 6:19	1:01:43 4:28	1:03:32 1:49	1:06:51 3:19	1:12:25 5:34	1:13:55 1:30
8	EVA GUMÀ MARTÍNE CAT ALIGOTS	1:15:45	7:38 7:38	13:30 5:52	16:49 3:19	19:36 2:47	21:57 2:21	25:21 3:24	29:37 4:16	34:31 4:54	38:37 4:06	41:57 3:20	44:58 3:01	47:14 2:16	50:43 3:29	53:14 2:31	1:00:06 6:52	1:07:35 7:29	1:08:48 1:13	1:11:19 2:31	1:14:39 3:20	1:15:45 1:06
9	ISABEL ESCAYOLA CAT COC	1:20:00	13:11 13:11	18:30 5:19	20:32 2:02	23:53 3:21	28:08 4:15	30:47 2:39	34:24 3:37	38:29 4:05	45:28 6:59	47:57 2:29	50:50 2:53	52:20 1:30	55:04 2:44	58:28 3:24	1:03:16 4:48	1:10:33 7:17	1:12:36 2:03	1:15:06 2:30	1:18:23 3:17	1:20:00 1:37
10	VICTORIA DIAZ MAN CAT COC	1:20:02	13:12 13:12	18:38 5:26	20:31 1:53	23:56 3:25	28:06 4:10	30:46 2:40	34:29 3:43	38:36 4:07	45:31 6:55	47:57 2:26	50:58 3:01	52:27 1:29	55:13 2:46	58:33 3:20	1:03:14 4:41	1:10:33 7:19	1:12:39 2:06	1:15:05 2:26	1:18:27 3:22	1:20:02 1:35
11	Joelle Moratin CAT UPC	1:23:38	4:33 4:33	11:04 6:31	13:02 1:58	20:11 7:09	22:42 2:31	26:17 3:35	29:40 3:23	37:48 8:08	49:06 11:18	52:21 3:15	55:47 3:26	57:31 1:44	1:00:18 2:47	1:03:35 3:17	1:10:51 7:16	1:15:40 4:49	1:17:23 1:43	1:19:58 2:35	1:22:44 2:46	1:23:38 0:54
12	LAURA SOUTO MOR CAT BO	1:28:06	3:09 3:09	11:43 8:34	13:52 2:09	16:18 2:26	17:38 1:20	19:50 2:12	23:05 3:15	27:00 3:55	33:17 6:17	37:23 4:06	39:47 2:24	44:07 4:20	46:58 2:51	49:03 2:05	59:14 10:11	1:10:49 11:35	1:12:52 2:03	1:23:17 10:25	1:27:03 3:46	1:28:06 1:03
13	Nil Gutiérrez Romer CAT NO CLUB	1:28:27	5:02 5:02	10:12 5:10	14:18 4:06	17:50 3:32	20:20 2:30	24:14 3:54	29:36 5:22	35:49 6:13	40:30 4:41	43:47 3:17	48:19 4:32	57:14 8:55	1:01:47 4:33	1:05:19 3:32	1:13:19 8:00	1:19:24 6:05	1:21:23 1:59	1:24:00 2:37	1:27:05 3:05	1:28:27 1:22
14	Dayse Romero Rab CAT NO CLUB	1:28:38	5:14 5:14	11:56 6:42	14:28 2:32	17:59 3:31	20:32 2:33	24:16 3:44	29:45 5:29	36:06 6:21	40:27 4:21	44:00 3:33	48:30 4:30	57:36 9:06	1:01:49 4:13	1:05:27 3:38	1:13:32 8:05	1:19:37 6:05	1:21:35 1:58	1:24:15 2:40	1:27:07 2:52	1:28:38 1:31
15	JOSÉ MÉNDEZ SÁN CAT COC	1:40:49	4:42 4:42	12:32 7:50	18:22 5:50	22:02 3:40	24:01 1:59	27:51 3:50	31:24 3:33	36:36 5:12	45:27 8:51	51:11 5:44	55:46 4:35	57:42 1:56	1:01:03 3:21	1:05:16 4:13	1:18:28 13:12	1:31:09 12:41	1:32:38 1:29	1:35:28 2:50	1:39:43 4:15	1:40:49 1:06
16	MERCÉ FORNIES D CAT COC	1:40:53	4:43 4:43	12:31 7:48	18:13 5:42	22:01 3:48	24:00 1:59	27:50 3:50	31:34 3:44	36:46 5:12	45:24 8:38	51:26 6:02	55:13 3:47	57:39 2:26	1:01:08 3:29	1:05:24 4:16	1:18:33 13:09	1:31:10 12:37	1:32:39 1:29	1:35:29 2:50	1:39:40 4:11	1:40:53 1:13
17	HANNEKE HEIKOOP CAT ALIGOTS	1:47:01	6:39 6:39	14:29 7:50	17:32 3:03	22:19 4:47	25:19 3:00	31:26 6:07	36:36 5:10	46:24 9:48	52:59 6:35	57:56 4:57	1:02:36 4:40	1:05:29 2:53	1:09:56 4:27	1:14:09 4:13	1:27:00 12:51	1:34:39 7:39	1:37:03 2:24	1:41:19 4:16	1:45:28 4:09	1:47:01 1:33
18	Joan Fabregas Telle CAT NO CLUB	1:47:05	6:43 6:43	14:15 7:32	17:27 3:12	21:46 4:19	25:09 3:23	31:19 6:10	36:46 5:27	46:29 9:43	53:04 6:35	57:50 4:46	1:02:25 4:35	1:05:31 3:06	1:10:02 4:31	1:14:11 4:09	1:26:22 12:11	1:34:35 8:13	1:36:57 2:22	1:41:21 4:24	1:45:19 3:58	1:47:05 1:46
19	JOSEP BRUGUERA CAT U.E.Vic	1:48:12	7:52 7:52	15:24 7:32	18:29 3:05	23:29 5:00	26:20 2:51	32:41 6:21	37:36 4:55	47:34 9:58	53:54 6:20	58:45 4:51	1:03:45 5:00	1:06:36 2:51	1:11:20 4:44	1:15:09 3:49	1:28:27 13:18	1:35:52 7:25	1:38:02 2:10	1:42:29 4:27	1:46:27 3:58	1:48:12 1:45
20	NURIA OLIVE BOQU CAT U.E.Vic	1:51:39	6:12 6:12	11:54 5:42	16:54 5:00	20:14 3:20	22:17 2:03	30:44 8:27	39:41 8:57	47:29 7:48	53:19 5:50	57:39 4:20	1:01:02 3:23	1:04:45 3:43	1:07:27 2:42	1:09:45 2:18	1:30:39 20:54	1:37:18 6:39	1:43:21 6:03	1:47:03 3:42	1:50:37 3:34	1:51:39 1:02
21	Sandra Marcos Bon CAT NO CLUB	1:54:20	24:52 24:52	32:56 8:04	36:29 3:33	39:38 3:09	42:23 2:45	45:40 3:17	50:17 4:37	58:47 8:30	1:07:24 8:37	1:16:07 8:43	1:21:58 5:51	1:24:15 2:17	1:28:58 4:43	1:32:36 3:38	1:39:59 7:23	1:44:36 4:37	1:46:39 2:03	1:50:49 4:10	1:53:15 2:26	1:54:20 1:05
22	MONTERRAT TEIXI CAT COC	1:55:40	5:39 5:39	15:04 9:25	18:43 3:39	23:36 4:53	27:39 4:03	33:34 5:55	40:30 6:56	49:16 8:46	57:55 8:39	1:04:18 6:23	1:08:25 4:07	1:10:58 2:33	1:14:53 3:55	1:19:41 4:48	1:28:53 9:12	1:36:31 7:38	1:40:19 3:48	1:45:29 5:10	1:54:01 8:32	1:55:40 1:39

os Nombre		Tiempo																			Meta	
C3 (31)		3,1 km 3 m			19 C (cont.)																Meta	
		1(33)	2(64)	3(32)	4(53)	5(87)	6(88)	7(83)	8(41)	9(40)	10(43)	11(42)	12(66)	13(45)	14(61)	15(63)	16(85)	17(35)	18(37)	19(73)	Meta	
23	Laia Rovira CAT UES	2:15:11	19:25 19:25	28:07 8:42	31:20 3:13	36:46 5:26	40:52 4:06	44:42 3:50	50:18 5:36	57:27 7:09	1:11:07 13:40	1:14:57 3:50	1:17:51 2:54	1:20:23 2:32	1:24:59 4:36	1:29:37 4:38	1:51:37 22:00	1:58:47 7:10	2:02:18 3:31	2:07:25 5:07	2:14:24 6:59	2:15:11 0:47
23	Oriol Rovira CAT UES	2:15:11	19:23 19:23	28:01 8:38	31:09 3:08	36:48 5:39	40:53 4:05	44:31 3:38	50:12 5:41	57:28 7:16	1:10:46 13:18	1:14:46 4:00	1:17:40 2:54	1:19:47 2:07	1:24:59 5:12	1:29:37 4:38	1:51:30 21:53	1:58:48 7:18	2:02:38 3:50	2:07:34 4:56	2:14:26 6:52	2:15:11 0:45
25	MARTA COMERMA G CAT Oros	2:17:11	11:34 11:34	28:12 16:38	35:25 7:13	43:21 7:56	45:38 2:17	49:24 3:46	57:39 8:15	1:04:43 7:04	1:12:58 8:15	1:16:14 3:16	1:18:51 2:37	1:20:32 1:41	1:22:38 2:06	1:26:39 4:01	1:59:15 32:36	2:05:32 6:17	2:07:15 1:43	2:12:37 5:22	2:16:15 3:38	2:17:11 0:56
26	María Teresa Montfu CAT Farra-O	2:19:40	16:00 16:00	24:18 8:18	28:22 4:04	39:32 11:10	42:58 3:26	46:47 3:49	52:50 6:03	59:52 7:02	1:08:12 8:20	1:13:29 5:17	1:20:11 6:42	1:22:30 2:19	1:26:38 4:08	1:31:57 5:19	1:52:40 20:43	2:00:22 7:42	2:04:06 3:44	2:09:31 5:25	2:18:02 8:31	2:19:40 1:38
27	Rosa Mª Val Gómez CAT NO CLUB	2:21:38	6:15 6:15	23:22 17:07	28:32 5:10	35:10 6:38	38:25 3:15	45:33 7:08	50:40 5:07	55:54 5:14	1:11:54 16:00	1:17:24 5:30	1:20:46 3:22	1:22:51 2:05	1:26:16 3:25	1:29:38 3:22	1:55:03 25:25	2:06:38 11:35	2:08:37 1:59	2:12:13 3:36	2:20:23 8:10	2:21:38 1:15
	Raul Meroño Rivas CAT NO CLUB	en tarj.	3:08 3:08	6:44 3:36	8:35 1:51	10:52 2:17	12:27 1:35	20:41 8:14	26:24 5:43	30:23 3:59	33:41 3:18	36:33 2:52	40:41 4:08	42:03 1:22	44:30 2:27	----- 10:14	54:44 11:31	1:06:15 11:31	1:08:12 1:57	1:22:57 14:45	1:24:55 1:58	1:25:40 0:45
	Arthur Haering CAT NO CLUB	en tarj.	----- 11:46	11:46 8:03	19:49 2:20	22:09 2:20	24:55 2:46	28:14 3:19	31:59 3:45	36:53 4:54	45:00 8:07	47:31 2:31	52:20 4:49	53:53 1:33	56:58 3:05	----- 18:28	1:15:26 7:57	1:23:23 -----	----- 7:47	1:31:10 -----	----- 9:43	1:40:53 9:43
	Rosa María Moreno CAT NO CLUB	en tarj.	----- 11:55	11:55 8:03	19:58 2:20	22:18 2:20	24:59 2:41	28:18 3:19	32:04 3:46	37:05 5:01	45:09 8:04	47:36 2:27	52:25 4:49	54:04 1:39	57:07 3:03	----- 18:28	1:15:35 7:52	1:23:27 -----	----- 7:52	1:31:19 7:52	----- 9:40	1:40:59 9:40
	MARIA GUMÀ MARTÍ CAT ALIGOTS	andona	3:53 3:53	9:49 5:56	13:20 3:31	15:12 1:52	22:51 7:39	26:32 3:41	31:50 5:18	36:38 4:48	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- 1:03:13	1:04:47 26:35	1:04:47 1:34
C4 (21)		2,3 km 4 m			17 C																Meta	
		1(37)	2(33)	3(64)	4(32)	5(53)	6(62)	7(45)	8(88)	9(55)	10(87)	11(84)	12(78)	13(94)	14(80)	15(44)	16(81)	17(73)	Meta			
1	JOAN MÉNDEZ SAN CAT BO	33:53	3:11 3:11	4:33 1:22	7:54 3:21	9:20 1:26	11:31 2:11	14:49 3:18	16:11 1:22	17:34 1:23	18:58 1:24	20:12 1:14	21:50 1:38	23:29 1:39	25:39 2:10	26:40 1:01	29:06 2:26	30:26 1:20	33:20 2:54	33:53 0:33		
2	Guinedell Fajo CAT ALIGOTS	34:54	3:02 3:02	3:43 0:41	7:20 3:37	8:56 1:36	14:29 5:33	17:15 2:46	18:47 1:32	19:56 1:09	21:17 1:21	22:12 0:55	24:59 2:47	27:22 2:23	28:39 1:17	29:29 0:50	31:37 2:08	32:45 1:08	34:19 1:34	34:54 0:35	12:53 *63	
3	Nil Rovira Moratin CAT UPC	42:09	3:05 3:05	4:09 1:04	7:35 3:26	10:38 3:03	12:13 1:35	17:20 5:07	18:55 1:35	21:15 2:20	23:34 2:19	27:03 3:29	31:03 4:00	33:07 2:04	34:51 1:44	36:04 1:13	38:37 2:33	39:53 1:16	41:38 1:45	42:09 0:31		
4	Unai Perez Mendiza CAT UPC	1:04:00	7:33 7:33	10:11 2:38	15:00 4:49	16:59 1:59	22:49 5:50	36:02 13:13	38:58 2:56	40:18 1:20	42:00 1:42	48:12 6:12	50:04 1:52	52:06 2:02	56:59 4:53	58:22 1:23	1:00:35 2:13	1:01:51 1:16	1:03:28 1:37	1:04:00 0:32		
5	Anna Viure i Maymó CAT NO CLUB	1:04:47	5:13 5:13	6:38 1:25	14:24 7:46	17:43 3:19	21:08 3:25	31:33 10:25	33:52 2:19	36:57 3:05	40:27 3:30	42:25 1:58	46:00 3:35	49:12 3:12	52:26 3:14	54:21 1:55	59:14 4:53	1:00:59 1:45	1:03:51 2:52	1:04:47 0:56		
6	Marta Viure i Maymó CAT NO CLUB	1:04:53	5:14 5:14	6:51 1:37	14:25 7:34	17:39 3:14	21:16 3:37	31:01 9:45	33:53 2:52	36:57 3:04	40:49 3:52	42:42 1:53	46:01 3:19	49:13 3:12	52:07 2:54	54:47 2:40	59:23 4:36	1:01:38 2:15	1:03:51 2:13	1:04:53 1:02		
7	Toni Buch Puig CAT NO CLUB	1:23:59	14:46 14:46	17:19 2:33	25:35 8:16	29:37 4:02	33:19 3:42	41:01 7:42	43:56 2:55	46:32 2:36	49:10 2:38	52:48 3:38	56:38 3:50	1:00:05 3:27	1:07:42 7:37	1:10:12 2:30	1:15:57 5:45	1:18:13 2:16	1:22:22 4:09	1:23:59 1:37		
8	Genís Mongay Garci CAT ALIGOTS	1:33:01	7:19 7:19	9:48 2:29	21:16 11:28	25:36 4:20	30:08 4:32	41:03 10:55	46:25 5:22	49:40 3:15	57:28 7:48	59:48 2:20	1:04:40 4:52	1:09:03 4:23	1:17:37 8:34	1:20:22 2:45	1:26:24 6:02	1:28:22 1:58	1:31:42 3:20	1:33:01 1:19		
9	Esther Teixidó Ferré CAT NO CLUB	1:35:51	6:39 6:39	9:08 2:29	18:55 9:47	22:19 3:24	27:22 5:03	37:16 9:54	42:20 5:04	45:10 2:50	56:36 11:26	58:56 2:20	1:02:42 3:46	1:07:24 4:42	1:15:09 7:45	1:17:31 2:22	1:25:54 8:23	1:28:26 2:32	1:32:37 4:11	1:35:51 3:14		
10	Juanjo Garcia Peñaf CAT NO CLUB	1:35:52	6:54 6:54	9:45 2:51	19:30 9:45	22:40 3:10	27:32 4:52	37:28 9:56	42:27 4:59	45:18 2:51	56:43 11:25	58:55 2:12	1:02:49 3:54	1:07:08 4:19	1:15:19 8:11	1:17:27 2:08	1:26:00 8:33	1:28:13 2:13	1:33:11 4:58	1:35:52 2:41		
11	Marta Soteras March CAT NO CLUB	1:35:53	6:26 6:26	9:18 2:52	19:48 10:30	24:01 4:13	27:30 3:29	36:34 9:04	41:45 5:11	45:33 3:48	56:35 11:02	58:18 1:43	1:02:50 4:32	1:07:31 4:41	1:15:17 7:46	1:17:26 2:09	1:26:06 8:40	1:28:18 2:12	1:32:39 4:21	1:35:53 3:14		
12	Sonia Sánchez-Barr CAT NO CLUB	1:35:57	6:52 6:52	9:25 2:33	19:21 9:56	22:37 3:16	27:48 5:11	36:49 9:01	42:47 5:58	45:29 2:42	56:32 11:03	58:15 1:43	1:02:36 4:21	1:07:11 4:35	1:14:55 7:44	1:16:36 1:41	1:26:13 9:37	1:28:14 2:01	1:32:42 4:28	1:35:57 3:15		
13	Ana Garcia Busquet CAT ALIGOTS	1:45:49	7:53 7:53	10:24 2:31	23:17 12:53	26:51 3:34	32:42 5:51	42:43 10:01	49:33 6:50	52:39 3:06	58:00 5:21	1:00:40 2:40	1:09:50 9:10	1:14:35 4:45	1:19:26 4:51	1:21:48 2:22	1:27:14 5:26	1:30:03 2:49	1:43:03 13:00	1:45:49 2:46		

os	Nombre	Tiempo																				
C4 (21)				2,3 km 4 m		17 C											<i>(cont.)</i>					
		1(37)	2(33)	3(64)	4(32)	5(53)	6(62)	7(45)	8(88)	9(55)	10(87)	11(84)	12(78)	13(94)	14(80)	15(44)	16(81)	17(73)	Meta			
14	Xaloc Jimenez Torr CAT GO-XTREM	1:52:26	9:55 9:55	12:29 2:34	22:35 10:06	28:27 5:52	37:55 9:28	50:05 12:10	55:57 5:52	1:00:53 4:56	1:07:09 6:16	1:10:41 3:32	1:17:27 6:46	1:23:42 6:15	1:29:56 6:14	1:34:49 4:53	1:40:56 6:07	1:44:06 3:10	1:49:41 5:35	1:52:26 2:45	1:51:26 *95	
15	Josep Torres Juan CAT GO-XTREM	1:52:28	10:03 10:03	12:26 2:23	22:50 10:24	28:03 5:13	37:59 9:56	49:47 11:48	55:50 6:03	1:00:55 5:05	1:06:57 6:02	1:10:43 3:46	1:17:29 6:46	1:23:34 6:05	1:29:45 6:11	1:34:47 5:02	1:40:55 6:08	1:44:22 3:27	1:49:37 5:15	1:52:28 2:51		
16	Montserrat Torras L CAT NO CLUB	1:53:56	14:37 14:37	18:57 4:20	35:28 16:31	40:48 5:20	47:57 7:09	56:46 8:49	1:04:32 7:46	1:09:26 4:54	1:14:31 5:05	1:16:38 2:07	1:20:37 3:59	1:26:21 5:44	1:30:50 4:29	1:38:45 7:55	1:43:41 4:56	1:47:19 3:38	1:53:05 5:46	1:53:56 0:51	1:51:29 *95	
17	Ana Pérez Gisbert CAT NO CLUB	1:59:16	7:35 7:35	10:13 2:38	24:40 14:27	29:01 4:21	36:56 7:55	52:39 15:43	1:00:55 8:16	1:06:12 5:17	1:10:47 4:35	1:14:40 3:53	1:24:17 9:37	1:30:07 5:50	1:35:09 5:02	1:37:16 2:07	1:42:33 5:17	1:46:11 3:38	1:55:23 9:12	1:59:16 3:53		
18	Eva Gabriel de Fran CAT NO CLUB	2:21:01	19:58 2:19:08 *73	26:05 6:07	46:24 20:19	50:58 4:34	59:01 8:03	1:17:20 18:19	1:23:28 6:08	1:28:56 5:28	1:33:22 4:26	1:37:02 3:40	1:44:06 7:04	1:52:19 8:13	1:56:33 4:14	1:59:04 2:31	2:04:29 5:25	2:12:28 7:59	2:17:32 5:04	2:21:01 3:29	14:51 *90	
19	CRISTINA ZAMBRAN CAT COC	2:33:59	34:46 34:46	36:14 1:28	52:46 16:32	56:37 3:51	1:04:27 7:50	1:20:04 15:37	1:27:03 6:59	1:30:29 3:26	1:59:16 28:47	2:02:57 3:41	2:06:32 3:35	2:12:11 5:39	2:15:31 3:20	2:18:25 2:54	2:24:19 5:54	2:28:02 3:43	2:32:14 4:12	2:33:59 1:45		
	Uxia Totusaus Nob CAT BO	en tarj.	11:16 11:16	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	24:30 13:14	27:55 3:25	30:24 2:29	38:26 8:02	41:23 2:57	45:01 3:38	47:27 2:26		
	Jofre Ramirez Garci CAT Montsant	andona	5:57 5:57	24:47 18:50	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	45:11 20:24		
C5 (12)				1,3 km 5 m		11 C																
		1(90)	2(37)	3(34)	4(78)	5(94)	6(80)	7(35)	8(44)	9(81)	10(73)	11(95)	Meta									
1	MARTÍ MÉNDEZ SAN CAT BO	40:09	6:49 6:49	10:16 3:27	20:20 10:04	22:30 2:10	25:52 3:22	28:25 2:33	31:00 2:35	33:52 2:52	36:07 2:15	39:04 2:57	39:56 0:52	40:09 0:13								
2	Jan Ordeig Barri CAT NO CLUB	50:10	4:43 4:43	9:08 4:25	12:43 3:35	16:04 3:21	21:17 5:13	26:05 4:48	32:01 5:56	37:42 5:41	40:21 2:39	47:33 7:12	49:09 1:36	50:10 1:01								
3	Arnau Bragulat Vive CAT COC	53:08	12:15 12:15	14:59 2:44	18:41 3:42	22:18 3:37	26:24 4:06	29:37 3:13	32:25 2:48	38:55 6:30	42:17 3:22	49:00 6:43	50:51 1:51	53:08 2:17								
4	Berta Bragulat Vive CAT COC	53:16	12:11 12:11	15:11 3:00	18:46 3:35	22:16 3:30	26:32 4:16	30:05 3:33	32:34 2:29	39:05 6:31	42:20 3:15	48:47 6:27	51:10 2:23	53:16 2:06								
5	MURIEL MARÍ VIDAL CAT BO	55:19	9:30 9:30	14:43 5:13	22:40 7:57	28:26 5:46	31:18 2:52	36:16 4:58	39:17 3:01	44:54 5:37	48:26 3:32	52:54 4:28	54:41 1:47	55:19 0:38								
6	MIREIA DAVÍ RIBÉ CAT COC	1:01:13	10:49 10:49	16:42 5:53	23:15 6:33	29:38 6:23	34:13 4:35	36:23 2:10	40:05 3:42	47:19 7:14	53:37 6:18	58:58 5:21	1:00:40 1:42	1:01:13 0:33								
7	Uxia Miguez Llamas CAT ALIGOTS	1:16:14	19:23 19:23	21:46 2:23	25:26 3:40	31:29 6:03	43:21 11:52	47:43 4:22	51:07 3:24	1:03:00 11:53	1:06:51 3:51	1:14:45 7:54	1:15:39 0:54	1:16:14 0:35								
8	Gemma Verdejo Vic CAT NO CLUB	1:39:06	8:01 8:01	12:01 4:00	17:02 5:01	1:01:58 44:56	1:05:47 3:49	1:13:04 7:17	1:15:42 2:38	1:23:56 8:04	1:27:56 4:10	1:34:35 6:39	1:36:57 2:22	1:39:06 2:09								
9	Gal·la Sanchez Verd CAT NO CLUB	1:39:07	7:55 7:55	11:54 3:59	16:13 4:19	1:01:08 44:55	1:06:14 5:06	1:12:54 6:40	1:14:06 1:12	1:22:55 8:49	1:26:33 3:38	1:34:44 8:11	1:36:54 2:10	1:39:07 2:13								
10	Biel Sanchez Verdej CAT NO CLUB	1:39:13	8:04 8:04	12:31 4:27	16:23 3:52	1:02:22 45:59	1:06:30 4:08	1:13:20 6:50	1:15:53 2:33	1:23:57 8:04	1:28:04 4:07	1:35:12 7:08	1:37:26 2:14	1:39:13 1:47								
10	Jesús David Rodrig CAT NO CLUB	1:39:13	7:36 7:36	12:10 4:34	16:14 4:04	1:01:54 45:40	1:06:10 4:16	1:13:26 7:16	1:15:42 2:16	1:23:59 8:17	1:27:54 3:55	1:34:52 6:58	1:37:14 2:22	1:39:13 1:59	1:38:01 *95							
12	David Sanchez Gam CAT NO CLUB	1:39:20	8:03 8:03	12:34 4:31	16:18 3:44	1:02:16 45:58	1:06:22 4:06	1:13:21 6:59	1:15:52 2:31	1:24:05 8:13	1:27:54 3:49	1:35:04 7:10	1:37:27 2:23	1:39:20 1:53								

os	Nombre	Tiempo																				
C1 M (44)		5,0 km 1 m					24 C															
		1(75) 21(44)	2(69) 22(50)	3(70) 23(49)	4(65) 24(82)	5(32) Meta	6(54)	7(83)	8(41)	9(36)	10(39)	11(43)	12(45)	13(61)	14(47)	15(63)	16(48)	17(68)	18(58)	19(74)	20(35)	
1	BERNAT LEDESMA CAT Xinoxano	53:58	2:53 2:53	7:25 4:32	8:22 0:57	9:34 1:12	11:55 2:21	14:27 2:32	16:53 2:26	18:57 2:04	22:17 3:20	23:51 1:34	25:50 1:59	28:06 2:16	29:14 1:08	30:39 1:25	33:21 2:42	36:39 3:18	37:57 1:18	40:07 2:10	42:45 2:38	44:11 1:26
2	ELOI MARTÍ ROMANÍ CAT ALIGOTS	54:13	1:09 2:49	1:31 2:19	3:31 0:42	2:44 0:27	0:52 2:05	10:44 2:22	13:15 2:31	15:15 2:00	18:04 2:49	19:33 1:29	21:45 2:12	24:23 2:38	25:36 1:13	26:56 1:20	35:20 8:24	37:48 2:28	38:58 1:10	40:47 1:49	44:07 3:20	45:15 1:08
3	SERGI OLIVERAS F CAT ALIGOTS	59:50	1:13 2:47	2:22 5:00	3:15 0:54	1:21 0:30	0:47 2:24	16:12 4:37	18:40 2:28	20:48 2:08	24:18 3:30	25:48 1:30	28:03 2:15	30:46 2:43	31:48 1:02	33:01 1:13	36:37 3:36	40:09 3:32	41:58 1:49	44:51 2:53	48:49 3:58	50:35 1:46
4	NARCÍS POU MARTÍ CAT ALIGOTS	1:00:23	1:13 3:29	1:14 3:21	3:53 0:58	2:03 0:52	0:52 2:19	13:35 2:36	16:12 2:37	19:09 2:57	22:31 3:22	24:02 1:31	26:43 2:41	30:05 3:22	31:34 1:29	32:59 1:25	35:27 2:28	39:50 4:23	41:44 1:54	45:10 3:26	47:54 2:44	49:50 1:56
5	DANIEL DAVI RECA CAT COC	1:01:21	1:24 3:39	1:11 3:36	5:34 1:06	1:34 0:54	0:50 2:50	15:05 3:00	18:05 3:00	20:40 2:35	24:22 3:42	26:14 1:52	29:08 2:54	31:53 2:45	33:21 1:28	34:53 1:32	37:57 3:04	40:45 2:48	42:38 1:53	45:42 3:04	48:35 2:53	52:38 4:03
6	JORDI MORAGAS F CAT U.E.Vic	1:01:36	1:17 3:47	1:11 4:17	3:43 0:46	1:29 0:32	1:03 2:38	15:04 3:04	17:56 2:52	20:37 2:41	24:15 3:38	25:44 1:29	28:17 2:33	31:16 2:59	32:26 1:10	33:54 1:28	38:15 4:21	41:48 3:33	43:49 2:01	49:20 5:31	51:52 2:32	53:21 1:29
7	BERNAT ROVIRA PÉ CAT UPC	1:02:22	1:09 3:53	1:27 4:51	3:16 1:08	1:29 0:47	0:54 2:44	16:45 3:22	19:34 2:49	22:13 2:39	25:28 3:15	27:13 1:45	29:57 2:44	33:29 3:32	34:58 1:29	36:34 1:36	41:43 5:09	45:30 3:47	47:07 1:37	49:23 2:16	52:04 2:41	53:40 1:36
8	ANDREU GRAU OLI CAT U.E.Vic	1:02:30	1:31 3:50	1:10 3:49	3:14 0:52	1:43 0:42	1:04 2:38	15:11 3:20	18:47 3:36	21:27 2:40	25:27 4:00	27:03 1:36	28:58 1:55	32:04 3:06	33:13 1:09	34:32 1:19	37:58 3:26	42:27 4:29	44:58 2:31	48:13 3:15	51:41 3:28	53:49 2:08
9	DANI VILADOMAT P CAT Gastant Keks	1:03:25	1:21 4:06	1:08 7:32	3:30 8:36	1:49 9:18	0:53 11:57	14:58 3:01	18:07 3:09	20:36 2:29	24:29 3:53	26:20 1:51	29:11 2:51	31:59 2:48	33:52 1:53	35:35 1:43	38:44 3:09	42:05 3:21	44:04 1:59	47:07 3:03	50:16 3:09	52:03 1:47
10	DAVID VELEDA DÍAZ CAT COC	1:04:54	1:39 4:57	1:13 8:17	6:10 9:39	1:17 10:24	1:03 12:53	17:10 4:17	20:12 3:02	23:44 3:32	26:58 3:14	28:34 1:36	30:57 2:23	36:02 5:05	37:20 1:18	39:38 2:18	43:16 3:38	47:38 4:22	49:04 1:26	51:16 2:12	54:02 2:46	55:30 1:28
11	JORDI RIURÓ PON CAT ALIGOTS	1:05:53	1:38 4:06	1:59 8:35	3:20 9:52	1:22 10:31	1:05 13:21	18:17 4:56	21:13 2:56	23:58 2:45	27:30 3:32	28:59 1:29	31:37 2:38	34:57 3:20	36:24 1:27	37:52 1:28	41:02 3:10	46:29 5:27	48:16 1:47	51:22 3:06	54:26 3:04	56:10 1:44
12	TEO ROVIRA MORAT CAT UPC	1:06:11	1:18 4:43	1:03 12:44	4:51 13:38	1:36 14:32	0:55 17:03	20:33 3:30	23:18 2:45	25:50 2:32	29:04 3:14	30:31 1:27	33:20 2:49	36:06 2:46	37:34 1:28	39:07 1:33	41:56 2:49	45:45 3:49	47:07 1:22	53:00 5:53	55:33 2:33	58:12 2:39
13	JOSEP MARIA FREIX CAT COB	1:07:17	59:20 1:08	1:00:10 0:50	1:03:33 3:23	1:05:25 1:52	1:06:11 0:46	16:50 3:17	19:22 2:32	21:32 2:10	26:23 4:51	27:43 1:20	29:56 2:13	32:36 2:40	34:28 1:52	36:55 2:27	44:56 8:01	50:09 5:13	51:49 1:40	54:20 2:31	56:55 2:35	58:24 1:29

os	Nombre	Tiempo																								
C1 M (44)			5,0 km 1 m					24 C		<i>(cont.)</i>																
			1(75) 21(44)	2(69) 22(50)	3(70) 23(49)	4(65) 24(82)	5(32) Meta	6(54)	7(83)	8(41)	9(36)	10(39)	11(43)	12(45)	13(61)	14(47)	15(63)	16(48)	17(68)	18(58)	19(74)	20(35)				
26	JORDI ARUMÍ CASA CAT Xinoxano	1:20:14	4:53 4:53 1:10:29 1:38	10:39 5:46 1:12:08 1:39	12:01 1:22 1:17:16 5:08	13:07 1:06 1:19:15 1:59	17:39 4:32 1:20:14 0:59	21:12 3:33	24:48 3:36	27:52 3:04	32:41 4:49	34:44 2:03	38:13 3:29	42:53 4:40	44:25 1:32	47:40 3:15	52:00 4:20	56:02 4:02	58:52 2:50	1:02:46 3:54	1:06:51 4:05	1:08:51 2:00				
27	MARC AMAT MUÑOZ CAT ALIGOTS	1:21:49	3:37 3:37 1:12:38 1:32	8:43 5:06 1:14:13 1:35	9:42 0:59 1:18:23 4:10	10:49 1:07 1:20:29 2:06	13:14 2:25 1:21:49 1:20	17:16 4:02	20:09 2:53	22:28 2:19	26:13 3:45	28:04 1:51	30:41 2:37	42:16 11:35	44:36 2:20	46:33 1:57	52:17 5:44	57:58 5:41	1:01:09 3:11	1:05:47 4:38	1:09:22 3:35	1:11:06 1:44				
28	Jordi Camps Puig CAT ALIGOTS	1:24:02	4:02 4:02 1:14:55 1:30	7:24 3:22 1:17:04 2:09	8:50 1:26 1:20:35 3:31	9:34 0:44 1:22:44 2:09	12:45 3:11 1:24:02 1:18	17:06 4:21	20:13 3:07	23:07 2:54	29:34 6:27	31:40 2:06	34:20 2:40	38:52 4:32	40:55 2:03	48:13 7:18	53:23 5:10	57:33 4:10	1:00:29 2:56	1:06:48 6:19	1:12:09 5:21	1:13:25 1:16				
29	Miguel Míguez Cal CAT ALIGOTS	1:24:33	6:14 6:14 1:15:18 1:30	12:32 6:18 1:16:40 1:22	13:46 1:14 1:21:02 4:22	14:29 0:43 1:23:36 2:34	17:35 3:06 1:24:33 0:57	21:34 3:59	25:19 3:45	28:39 3:20	32:53 4:14	34:46 1:53	37:41 2:55	41:31 3:50	43:31 2:00	45:41 2:10	56:22 10:41	1:01:33 5:11	1:04:02 2:29	1:08:30 4:28	1:11:57 3:27	1:13:48 1:51				
30	ALBERT DAVI RECA CAT COC	1:25:32	9:51 9:51 1:12:31 1:47	16:38 6:47 1:16:27 3:56	17:54 1:16 1:20:39 4:12	18:41 0:47 1:24:22 3:43	21:22 2:41 1:25:32 1:10	27:24 6:02	31:43 4:19	34:54 3:11	41:58 7:04	44:04 2:06	47:32 3:28	50:06 2:34	51:41 1:35	53:33 1:52	57:14 3:41	1:01:10 3:56	1:03:26 2:16	1:06:01 2:35	1:09:09 3:08	1:10:44 1:35				
31	PAU COMERMA GÓM CAT Oros	1:25:50	7:12 7:12 1:16:16 1:36	13:41 6:29 1:17:37 1:21	15:10 1:29 1:21:40 4:03	16:18 1:08 1:24:34 2:54	19:30 3:12 1:25:50 1:16	22:48 3:18	26:01 3:13	29:48 3:47	33:48 4:00	36:33 2:45	39:30 2:57	42:33 3:03	44:01 1:28	45:43 1:42	58:05 12:22	1:01:47 3:42	1:03:39 1:52	1:08:55 5:16	1:12:07 3:12	1:14:40 2:33				
32	ALBERT SERRA CIR CAT U.E.Vic	1:28:00	10:06 10:06 1:19:09 1:36	14:38 4:32 1:21:14 2:05	15:48 1:10 1:25:15 4:01	16:21 0:33 1:26:54 1:39	18:38 2:17 1:28:00 1:06	22:06 3:28	25:11 3:05	29:12 4:01	32:51 3:39	34:40 1:49	38:06 3:26	43:48 5:42	45:19 1:31	47:44 2:25	52:09 4:25	57:45 5:36	1:02:07 4:22	1:06:21 4:14	1:09:30 3:09	1:17:33 8:03				
33	Jordi Olivé i Domèn CAT NO CLUB	1:29:26	4:26 4:26 1:15:43 1:34	10:40 6:14 1:18:12 2:29	12:16 1:36 1:26:18 8:06	13:04 0:48 1:28:18 2:00	16:06 3:02 1:29:26 1:08	19:46 3:40	23:15 3:29	26:09 2:54	30:53 4:44	32:54 2:01	36:16 3:22	39:32 3:16	41:15 1:43	44:37 3:22	50:37 6:00	55:36 4:59	58:07 2:31	1:05:40 7:33	1:09:28 3:48	1:14:09 4:41				
34	MARC CORTADA LA CAT COC	1:36:02	5:13 5:13 1:18:38 1:53	10:53 5:40 1:23:19 4:41	12:24 1:31 1:32:34 9:15	13:31 1:07 1:34:34 2:00	18:48 5:17 1:36:02 1:28	22:41 3:53	26:21 3:40	29:19 2:58	33:30 4:11	35:47 2:17	38:51 3:04	42:18 3:27	44:40 2:22	47:01 2:21	55:11 8:10	59:47 4:36	1:02:10 2:23	1:07:28 5:18	1:14:23 6:55	1:16:45 2:22				
35	XAVIER TORRAS BO CAT ALIGOTS	1:50:20	4:20 4:20 1:33:53 2:00	10:58 6:38 1:41:24 7:31	12:11 1:13 1:46:33 5:09	13:08 0:57 1:48:47 2:14	18:19 5:11 1:50:20 1:33	22:45 4:26	26:33 3:48	30:36 4:03	43:51 13:15	46:07 2:16	50:20 4:13	54:07 3:47	56:54 2:47	58:59 2:05	1:09:04 10:05	1:15:05 6:01	1:19:14 4:09	1:24:36 5:22	1:28:19 3:43	1:31:53 3:34				
36	CARLES SALVADOR CAT U.E.Vic	1:52:44	5:32 5:32 1:38:26 3:15	14:01 8:29 1:40:36 2:10	16:43 2:42 1:46:57 6:21	18:11 1:28 1:50:54 3:57	22:06 3:55 1:52:44 1:50	26:36 4:30	31:28 4:52	35:25 3:57	42:17 6:52	45:13 2:56	49:46 4:33	54:33 4:47	56:53 2:20	1:01:10 4:17	1:09:40 8:30	1:17:43 8:03	1:21:23 3:40	1:27:19 5:56	1:31:35 4:16	1:35:11 3:36				
37	Carles Ollé Piquer CAT Farra-O	2:05:34	7:28 7:28 1:47:38 1:55	17:02 9:34 1:50:51 3:13	19:32 2:30 1:58:19 7:28	20:49 1:17 2:04:01 5:42	26:22 5:33 2:05:34 1:33	31:30 5:08	34:46 3:16	38:06 3:20	42:48 4:42	45:22 2:34	49:00 3:38	52:34 3:34	56:41 4:07	1:05:12 8:31	1:18:15 13:03	1:30:49 12:34	1:33:19 2:30	1:39:10 5:51	1:42:40 3:30	1:45:43 3:03				

os	Nombre	Tiempo																						
C1 M (44)			5,0 km 1 m					24 C																
			<i>(cont.)</i>																					
			1(75)	2(69)	3(70)	4(65)	5(32)	6(54)	7(83)	8(41)	9(36)	10(39)	11(43)	12(45)	13(61)	14(47)	15(63)	16(48)	17(68)	18(58)	19(74)	20(35)		
			21(44)	22(50)	23(49)	24(82)	Meta																	
38	Francisco Miguel R	2:08:48	6:15	12:17	14:11	16:31	21:13	26:21	30:36	35:57	48:38	50:54	54:35	1:04:08	1:06:27	1:08:56	1:15:26	1:24:27	1:27:36	1:32:03	1:37:26	1:40:39		
	CAT Farra-O		6:15	6:02	1:54	2:20	4:42	5:08	4:15	5:21	12:41	2:16	3:41	9:33	2:19	2:29	6:30	9:01	3:09	4:27	5:23	3:13		
			1:43:15	1:54:38	2:04:00	2:07:05	2:08:48																	
			2:36	11:23	9:22	3:05	1:43																	
39	Joan Brunet	2:35:25	10:01	20:17	27:53	29:51	38:04	44:52	49:48	54:08	1:01:14	1:04:45	1:13:14	1:19:33	1:21:54	1:25:55	1:31:46	1:49:52	1:54:05	1:59:59	2:04:25	2:08:05		
	CAT UES		10:01	10:16	7:36	1:58	8:13	6:48	4:56	4:20	7:06	3:31	8:29	6:19	2:21	4:01	5:51	18:06	4:13	5:54	4:26	3:40		
			2:11:01	2:21:05	2:29:26	2:33:16	2:35:25																	
			2:56	10:04	8:21	3:50	2:09																	
	JORDI ARMENGOL	en tarj.	4:57	9:41	11:05	12:14	15:48	19:59	23:45	26:56	32:34	34:56	38:28	41:34	43:21	45:08	49:13	53:34	56:09	1:01:05	-----	1:04:18		
	CAT Farra-O		4:57	4:44	1:24	1:09	3:34	4:11	3:46	3:11	5:38	2:22	3:32	3:06	1:47	1:47	4:05	4:21	2:35	4:56	3:13			
			1:06:12	1:07:37	1:11:58	1:15:13	1:16:20																	
			1:54	1:25	4:21	3:15	1:07																	
	JORDI SERRA ESPA	en tarj.	7:11	14:29	18:02	19:43	23:32	29:16	34:08	39:22	47:25	53:13	58:39	1:04:55	1:07:58	1:13:08	1:24:25	1:32:40	1:35:56	1:44:02	-----	1:47:54		
	CAT U.E.Vic		7:11	7:18	3:33	1:41	3:49	5:44	4:52	5:14	8:03	5:48	5:26	6:16	3:03	5:10	11:17	8:15	3:16	8:06	3:52			
			1:50:24	1:53:10	1:59:55	2:02:29	2:04:34																	
			2:30	2:46	6:45	2:34	2:05																	
	Roger Virgili Serral	Desc.	3:36	6:00	6:43	7:13	9:25	11:48	14:15	16:25	19:07	20:42	22:58	25:19	26:27	27:36	35:00	38:14	39:50	46:05	48:28	51:25		
	CAT GO-XTREM		3:36	2:24	0:43	0:30	2:12	2:23	2:27	2:10	2:42	1:35	2:16	2:21	1:08	1:09	7:24	3:14	1:36	6:15	2:23	2:57		
			52:37	53:26	56:31	57:32	58:17																	
			1:12	0:49	3:05	1:01	0:45																	
	Jorge Perez Querol	Desc.	3:54	13:07	14:39	15:43	21:41	25:50	29:25	32:18	37:41	40:16	44:08	48:37	50:29	53:37	58:31	1:03:29	1:05:20	1:10:55	1:15:22	1:17:09		
	CAT GO-XTREM		3:54	9:13	1:32	1:04	5:58	4:09	3:35	2:53	5:23	2:35	3:52	4:29	1:52	3:08	4:54	4:58	1:51	5:35	4:27	1:47		
			1:18:34	1:20:11	1:27:08	1:29:42	1:30:50																	
			1:25	1:37	6:57	2:34	1:08																	
	ADRIÀ BASSA VIÑOL	andona	7:04	1:22:05	1:23:45	1:24:38	1:29:06	1:40:24	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----		
	CAT ALIGOTS		7:04	1:15:01	1:40	0:53	4:28	11:18																
			-----	-----	-----	-----	1:50:36																	
			10:12																					
C1 F (4)			5,0 km 1 m					24 C																
			1(75)	2(69)	3(70)	4(65)	5(32)	6(54)	7(83)	8(41)	9(36)	10(39)	11(43)	12(45)	13(61)	14(47)	15(63)	16(48)	17(68)	18(58)	19(74)	20(35)		
			21(44)	22(50)	23(49)	24(82)	Meta																	
1	MARTA BRUNS SAN	1:08:32	5:06	8:42	10:17	11:08	14:07	17:10	20:21	23:18	28:04	29:43	32:41	35:33	37:15	39:02	42:06	46:19	49:11	52:24	55:57	57:44		
	CAT ALIGOTS		5:06	3:36	1:35	0:51	2:59	3:03	3:11	2:57	4:46	1:39	2:58	2:52	1:42	1:47	3:04	4:13	2:52	3:13	3:33	1:47		
			59:13	1:00:47	1:05:02	1:06:56	1:08:32																	
			1:29	1:34	4:15	1:54	1:36																	
2	ANNABEL VALLEDO	1:09:24	3:56	7:55	9:04	11:49	14:39	17:44	21:07	23:46	28:03	30:07	32:56	36:04	37:31	39:49	43:13	46:49	48:42	54:51	57:45	59:53		
	CAT BO		3:56	3:59	1:09	2:45	2:50	3:05	3:23	2:39	4:17	2:04	2:49	3:08	1:27	2:18	3:24	3:36	1:53	6:09	2:54	2:08		
			1:01:39	1:02:51	1:06:33	1:08:22	1:09:24																	
			1:46	1:12	3:42	1:49	1:02																	
3	Mònica Aguilera	1:20:37	4:16	12:03	13:36	14:30	17:27	21:32	24:32	27:23	31:47	33:40	37:41	41:37	43:22	45:25	50:57	55:50	57:50	1:01:44	1:07:10	1:09:17		
	CAT COC		4:16	7:47	1:33	0:54	2:57	4:05	3:00	2:51	4:24	1:53	4:01	3:56	1:45	2:03	5:32	4:53	2:00	3:54	5:26	2:07		
			1:10:58	1:12:45	1:16:54	1:19:04	1:20:37																	
			1:41	1:47	4:09	2:10	1:33																	
			*95																					
4	VIRGÍNIA GÜELL R	1:30:51	6:18	14:02	16:06	17:39	21:28	25:49	30:18	35:39	40:47	42:57	48:10	52:33	54:24	58:04	1:02:41	1:06:27	1:09:15	1:13:04	1:17:05	1:19:10		
	CAT Xinoxano		6:18	7:44	2:04	1:33	3:49	4:21	4:29	5:21	5:08	2:10	5:13	4:23	1:51	3:40	4:37	3:46	2:48	3:49	4:01	2:05		
			1:20:56	1:22:34	1:27:47	1:29:46	1:30:51																	
			1:46	1:38	5:13	1:59	1:05																	

os	Nombre	Tiempo			4,2 km 2 m		23 C		<i>(cont.)</i>														
			1(34) 21(35)	2(60) 22(49)	3(53) 23(73)	4(62) Meta	5(54)	6(83)	7(41)	8(40)	9(36)	10(31)	11(38)	12(43)	13(66)	14(45)	15(71)	16(84)	17(48)	18(56)	19(57)	20(85)	
C2 M (33)																							
14	MANUEL ANGEL RO CAT Oros	1:26:48	4:37 4:37 1:19:49 1:46	10:36 5:59 1:24:33 4:44	14:33 3:57 1:26:13 1:40	18:57 4:24 1:26:48 0:35	21:16 2:19	25:58 4:42	29:57 3:59	34:42 4:45	38:52 4:10	41:20 2:28	43:46 2:26	48:53 5:07	54:44 5:51	56:52 2:08	1:01:23 4:31	1:06:34 5:11	1:10:08 3:34	1:11:38 1:30	1:15:27 3:49	1:18:03 2:36	
15	Konstantin Shapov CAT NO CLUB	1:29:32	3:21 3:21 1:21:29 1:25	16:01 12:40 1:26:36 5:07	18:26 2:25 1:28:38 2:02	22:42 4:16 1:29:32 0:54	25:03 2:21	29:14 4:11	33:28 4:14	43:15 9:47	46:37 3:22	50:47 4:10	53:05 2:18	55:45 2:40	1:00:03 4:18	1:02:21 2:18	1:06:05 3:44	1:10:08 4:03	1:13:44 3:36	1:14:49 1:05	1:17:00 2:11	1:20:04 3:04	
16	FELIP GILI RIBES CAT UES	1:37:53	8:31 8:31 1:28:08 2:03	13:58 5:27 1:33:39 5:31	17:32 3:34 1:36:46 3:07	20:46 3:14 1:37:53 1:07	24:45 3:59	29:25 4:40	34:47 5:22	44:08 9:21	47:12 3:04	50:28 3:16	52:45 2:17	55:56 3:11	1:02:37 6:41	1:05:11 2:34	1:09:01 3:50	1:15:12 6:11	1:19:05 3:53	1:20:45 1:40	1:23:48 3:03	1:26:05 2:17	
17	Bernat Castells Rip CAT NO CLUB	1:38:04	12:07 12:07 1:30:40 1:34	18:07 6:00 1:34:51 4:11	20:21 2:14 1:37:19 2:28	22:50 2:29 1:38:04 0:45	25:29 2:39	29:02 3:33	33:05 4:03	40:32 7:27	43:33 3:01	57:59 14:26	59:38 1:39	1:03:51 4:13	1:08:24 4:33	1:10:21 1:57	1:15:45 5:24	1:20:23 4:38	1:23:09 2:46	1:23:57 0:48	1:26:14 2:17	1:29:06 2:52	
18	JAUME MIRALLES F CAT COC	1:38:43	5:39 5:39 1:29:24 1:38	10:15 4:36 1:35:50 6:26	12:48 2:33 1:37:57 2:07	16:28 3:40 1:38:43 0:46	20:15 3:47	25:17 5:02	29:47 4:30	33:18 3:31	36:34 3:16	39:35 3:01	42:18 2:43	46:22 4:04	50:23 4:01	52:33 2:10	1:01:44 9:11	1:18:39 16:55	1:21:25 2:46	1:22:50 1:25	1:25:08 2:18	1:27:46 2:38	
19	Xavier De Cabo CAT NO CLUB	1:40:48	4:29 4:29 1:34:58 2:09	8:46 4:17 1:38:20 3:22	12:17 3:31 1:40:15 1:55	16:04 3:47 1:40:48 0:33	20:12 4:08	23:52 3:40	28:36 4:44	36:21 7:45	43:58 7:37	57:41 13:43	59:48 2:07	1:02:48 3:00	1:07:26 4:38	1:09:29 2:03	1:18:49 9:20	1:22:42 3:53	1:26:04 3:22	1:27:58 1:54	1:30:13 2:15	1:32:49 2:36	
20	ANTONI MEDINA HE CAT UES	1:42:07	5:17 5:17 1:33:05 1:09	11:50 6:33 1:37:53 4:48	16:56 5:06 1:41:00 3:07	21:14 4:18 1:42:07 1:07	24:07 2:53	28:40 4:33	34:00 5:20	39:52 5:52	50:17 10:25	52:38 2:21	54:39 2:01	59:58 5:19	1:06:03 6:05	1:08:40 2:37	1:11:58 3:18	1:19:13 7:15	1:22:40 3:27	1:23:49 1:09	1:26:46 2:57	1:31:56 5:10	
21	Aitor Urrutia Zubika CAT UPC	1:42:44	4:53 4:53 1:29:19 4:21	10:57 6:04 1:40:27 11:08	14:14 3:17 1:42:07 1:40	21:29 7:15 1:42:44 0:37	23:26 1:57	27:09 3:43	30:21 3:12	45:38 15:17	48:41 3:03	51:06 2:25	53:40 2:34	56:41 3:01	1:00:02 3:21	1:01:53 1:51	1:07:11 5:18	1:11:01 3:50	1:14:56 3:55	1:19:55 4:59	1:22:31 2:36	1:24:58 2:27	
22	JORDI VIRGILI ARU CAT COC	1:45:42	23:23 23:23 1:36:48 1:09	28:56 5:33 1:41:27 4:39	32:10 3:14 1:44:49 3:22	35:48 3:38 1:45:42 0:53	37:57 2:09	42:42 4:45	46:54 4:12	50:43 3:49	54:48 4:05	57:39 2:51	59:48 2:09	1:05:41 5:53	1:09:22 3:41	1:12:16 2:54	1:15:38 3:22	1:22:11 6:33	1:26:17 4:06	1:27:31 1:14	1:30:21 2:50	1:35:39 5:18	
23	Ferran Subirana Ba CAT NO CLUB	1:46:07	19:38 19:38 1:37:31 1:12	27:14 7:36 1:43:57 6:26	30:07 2:53 1:45:29 1:32	33:42 3:35 1:46:07 0:38	37:16 3:34	41:06 3:50	44:40 3:34	49:03 4:23	52:55 3:52	55:57 3:02	57:51 1:54	1:00:07 2:16	1:04:43 4:36	1:08:17 3:34	1:17:05 8:48	1:23:59 6:54	1:27:08 3:09	1:28:28 1:20	1:31:37 3:09	1:36:19 4:42	
24	MARTÍ RAMÍREZ FE CAT Montsant	1:53:37	5:25 5:25 1:40:04 4:12	14:10 8:45 1:49:00 8:56	17:37 3:27 1:52:36 3:36	34:19 16:42 1:53:37 1:01	36:41 2:22	41:37 4:56	45:48 4:11	51:01 5:13	54:38 3:37	58:41 4:03	1:02:01 3:20	1:07:19 5:18	1:11:27 4:08	1:14:23 2:56	1:18:28 4:05	1:23:40 5:12	1:28:44 5:04	1:30:17 1:33	1:33:14 2:57	1:35:52 2:38	
25	QUERUBIN JUAN F CAT COB	2:14:22	6:51 6:51 2:04:44 3:56	17:21 10:30 2:10:17 5:33	19:58 2:37 2:13:22 3:05	44:04 24:06 2:14:22 1:00	46:20 2:16	49:44 3:24	53:01 3:17	1:04:26 11:25	1:10:13 5:47	1:14:21 4:08	1:18:39 4:18	1:22:39 4:00	1:26:45 4:06	1:29:24 2:39	1:34:30 5:06	1:39:02 4:32	1:54:41 15:39	1:55:47 1:06	1:58:39 2:52	2:00:48 2:09	

os	Nombre	Tiempo																									
C2 M (33)			4,2 km 2 m				23 C				<i>(cont.)</i>																
			1(34) 21(35)	2(60) 22(49)	3(53) 23(73)	4(62) Meta	5(54)	6(83)	7(41)	8(40)	9(36)	10(31)	11(38)	12(43)	13(66)	14(45)	15(71)	16(84)	17(48)	18(56)	19(57)	20(85)					
26	LLUÍS SABORIT PR CAT TARADELL	2:21:21	6:20 6:20 1:58:38	14:39 8:19 2:17:29	18:36 3:57 2:20:11	23:56 5:20 2:21:21	27:32 3:36	33:26 5:54	39:47 6:21	49:27 9:40	54:11 4:44	1:01:48 7:37	1:05:06 3:18	1:10:38 5:32	1:22:43 12:05	1:25:45 3:02	1:31:53 6:08	1:37:40 5:47	1:41:38 3:58	1:43:55 2:17	1:48:44 4:49	1:56:54 8:10					
27	Ramon Moragas Igl CAT U.E.Vic	2:23:00	7:49 7:49 2:00:11	15:56 8:07 2:19:01	20:10 4:14 2:21:44	25:27 5:17 2:23:00	29:08 3:41	35:01 5:53	41:07 6:06	50:48 9:41	55:44 4:56	1:03:15 7:31	1:06:40 3:25	1:12:14 5:34	1:24:06 11:52	1:27:22 3:16	1:33:33 6:11	1:39:14 5:41	1:43:14 4:00	1:45:47 2:33	1:50:23 4:36	1:58:29 8:06					
	JAN AMAT FONT CAT ALIGOTS	en tarj.	6:21 6:21 1:22:04	9:33 3:12 1:26:20	11:18 1:45 1:29:18	13:43 2:25 1:29:48	18:49 5:06	22:05 3:16	24:47 2:42	31:39 6:52	35:33 3:54	39:24 3:51	42:04 2:40	44:37 2:33	48:13 3:36	52:23 4:10	58:12 5:49	1:04:14 6:02	1:15:57 11:43	1:17:18 1:21	1:19:29 2:11	-----					
	JOSEP LOPEZ SEG CAT Matxacuca	en tarj.	5:18 5:18 1:30:19	16:52 11:34 1:35:56	20:10 3:18 1:38:50	25:33 5:23 1:39:50	29:00 3:27	33:46 4:46	37:31 3:45	42:41 5:10	45:56 3:15	48:14 2:18	50:21 2:07	1:00:20 9:59	1:03:07 2:47	1:05:04 1:57	1:13:34 8:30	1:18:27 4:53	1:21:32 3:05	-----	1:25:33 4:01	1:27:34 2:01					
	Jordi Ferrer López CAT ALIGOTS	en tarj.	7:33 7:33 1:32:52	12:53 5:20 1:38:57	15:39 2:46 1:40:21	21:45 6:06 1:41:14	26:20 4:35	30:01 3:41	42:52 12:51	46:59 4:07	54:27 7:28	57:11 2:44	1:00:09 2:58	1:03:16 3:07	1:07:16 4:00	-----	1:13:55 6:39	1:19:30 5:35	1:24:05 4:35	1:25:08 1:03	1:28:12 3:04	1:30:33 2:21					
	Guillem Mitjans Pan CAT NO CLUB	en tarj.	7:01 7:01 2:25:22	50:44 43:43 2:33:04	52:58 2:14 ----	55:56 2:58 2:39:23	58:46 2:50	1:03:02 4:16	1:06:16 3:14	1:13:15 6:59	1:16:41 3:26	-----	1:20:05 3:24	1:39:08 19:03	1:44:01 4:53	1:46:23 2:22	1:52:00 5:37	1:57:44 5:44	2:06:37 8:53	2:07:50 1:13	2:10:28 2:38	2:23:25 12:57					
	LLUC TORNÉ SOLÀ CAT COC	andona	8:18 8:18 ----	21:53 13:35 ----	23:27 1:34 ----	29:44 6:17 1:28:42	32:48 3:04	35:29 2:41	39:19 3:50	41:30 2:11	43:46 2:16	46:43 2:57	48:14 1:31	51:48 3:34	53:49 2:01	56:27 2:38	-----	-----	-----	-----	-----	-----					
	FRANCISCO JOSÉ P CAT Oros	andona	---- ---- ----	---- ---- ----	---- ---- ----	---- 1:29:49 23:58	----	----	----	----	----	----	----	----	----	1:05:51 1:05:51	----	----	----	----	----	----					
			----	----	----	----	3:23 *73	16:47 *49	28:38 *35	31:15 *85	34:22 *57	38:36 *56	41:12 *48	48:46 *84	57:33 *71												
C2 F (19)			4,2 km 2 m				23 C																				
			1(34) 21(35)	2(60) 22(49)	3(53) 23(73)	4(62) Meta	5(54)	6(83)	7(41)	8(40)	9(36)	10(31)	11(38)	12(43)	13(66)	14(45)	15(71)	16(84)	17(48)	18(56)	19(57)	20(85)					
1	Anna Amigó CAT COC	1:02:39	3:34 3:34 56:15	9:55 6:21 59:39	11:55 2:00 1:01:44	14:29 2:34 1:02:39	16:49 2:20	20:02 3:13	23:17 3:15	25:20 2:03	27:59 2:39	29:58 1:59	31:12 1:14	33:34 2:22	35:53 2:19	37:37 1:44	39:56 2:19	46:16 6:20	50:00 3:44	50:45 0:45	53:11 2:26	54:51 1:40					
2	MERITXELL FREIXA CAT COB	1:12:28	1:24 4:06 1:05:56	3:24 8:27 1:09:55	2:05 11:38 1:11:44	0:55 14:50 1:12:28	17:20 2:30	20:42 3:22	23:50 3:08	29:30 5:40	33:15 3:45	38:48 5:33	40:25 1:37	43:14 2:49	46:56 3:42	49:17 2:21	52:14 2:57	56:06 3:52	58:38 2:32	59:44 1:06	1:02:43 2:59	1:04:37 1:54					
3	CRISTINA VALIENTE CAT ALIGOTS	1:13:16	1:19 5:30 1:06:41	3:59 10:07 1:10:45	1:49 13:43 1:12:34	0:44 17:19 1:13:16	20:18 2:59	24:06 3:48	27:42 3:36	32:49 5:07	35:53 3:04	38:21 2:28	40:03 1:42	42:49 2:46	45:49 3:00	47:43 1:54	51:03 3:20	56:06 5:03	59:08 3:02	1:00:37 1:29	1:03:14 2:37	1:05:19 2:05					

os	Nombre	Tiempo			4,2 km 2 m		23 C		<i>(cont.)</i>													
			1(34) 21(35)	2(60) 22(49)	3(53) 23(73)	4(62) Meta	5(54)	6(83)	7(41)	8(40)	9(36)	10(31)	11(38)	12(43)	13(66)	14(45)	15(71)	16(84)	17(48)	18(56)	19(57)	20(85)
C2 F (19)																						
4	JORDINA JUAN SAN CAT COB	1:16:47	4:07 4:07 1:08:35 1:35	8:54 4:47 1:14:29 5:54	12:08 3:14 1:16:05 1:36	15:43 3:35 1:16:47 0:42	18:28 2:45	22:30 4:02	26:12 3:42	29:18 3:06	33:00 3:42	35:33 2:33	37:18 1:45	41:32 4:14	45:24 3:52	47:25 2:01	52:02 4:37	58:10 6:08	1:01:07 2:57	1:02:54 1:47	1:05:02 2:08	1:07:00 1:58
5	LIDIA GRAU OLIVE CAT U.E.Vic	1:16:55	7:13 7:13 1:10:22 1:45	12:01 4:48 1:13:57 3:35	14:52 2:51 1:16:02 2:05	18:25 3:33 1:16:55 0:53	20:38 2:13	25:30 4:52 3:30 *49	29:23 3:53	34:28 5:05	37:30 3:02	40:44 3:14	42:42 1:58	45:22 2:40	49:18 3:56	51:37 2:19	55:10 3:33	59:10 4:00	1:02:39 3:29	1:03:46 1:07	1:06:39 2:53	1:08:37 1:58
6	MONTERRAT BUS CAT Xinoxano	1:18:12	4:35 4:35 1:10:28 1:00	9:52 5:17 1:13:56 3:28	12:19 2:27 1:17:20 3:24	15:32 3:13 1:18:12 0:52	17:27 1:55	21:35 4:08	25:57 4:22	30:04 4:07	32:50 2:46	39:40 6:50	41:25 1:45	44:02 2:37	47:15 3:13	49:16 2:01	52:08 2:52	56:32 4:24	1:03:42 7:10	1:04:44 1:02	1:07:13 2:29	1:09:28 2:15
7	Maria Massuet Vilam CAT NO CLUB	1:24:16	6:32 6:32 1:15:41 1:38	11:57 5:25 1:21:36 5:55	14:47 2:50 1:23:36 2:00	18:25 3:38 1:24:16 0:40	20:16 1:51	24:08 3:52	28:32 4:24	35:58 7:26	38:57 2:59	42:11 3:14	44:11 2:00	48:08 3:57	51:47 3:39	53:48 2:01	56:44 2:56	1:01:47 5:03	1:08:21 6:34	1:09:18 0:57	1:11:38 2:20	1:14:03 2:25
8	Georgina Dalmau S CAT GO-XTREM	1:27:50	4:53 4:53 1:15:20 1:01	10:47 5:54 1:24:50 9:30	14:30 3:43 1:26:59 2:09	17:55 3:25 1:27:50 0:51	20:05 2:10	24:08 4:03	28:08 4:00	31:53 3:45	34:55 3:02	37:51 2:56	39:35 1:44	43:49 4:14	46:54 3:05	49:07 2:13	52:20 3:13	57:34 5:14	1:02:39 5:05	1:04:23 1:44	1:07:07 2:44	1:14:19 7:12
9	BERTA FELIU DORI CAT Farra-O	1:28:04	4:55 4:55 1:19:47 1:15	10:16 5:21 1:25:20 5:33	14:05 3:49 1:27:37 2:17	18:42 4:37 1:28:04 0:27	20:34 1:52	25:55 5:21 58:44 *61	30:44 4:49	39:47 9:03	44:06 4:19	47:08 3:02	48:56 1:48	51:47 2:51	55:06 3:19	56:55 1:49	1:01:41 4:46	1:06:29 4:48	1:10:27 3:58	1:13:29 3:02	1:16:09 2:40	1:18:32 2:23
10	ROSA MARIA SANJA CAT ALIGOTS	1:31:52	4:39 4:39 1:24:21 1:44	13:47 9:08 1:28:21 4:00	16:35 2:48 1:30:35 2:14	20:31 3:56 1:31:52 1:17	23:55 3:24	27:54 3:59	31:37 3:43	36:03 4:26	40:03 4:00	42:50 2:47	44:31 1:41	48:05 3:34	51:54 3:49	55:09 3:15	59:01 3:52	1:06:37 7:36	1:10:16 3:39	1:11:50 1:34	1:14:45 2:55	1:22:37 7:52
11	LIDIA BARRI CORTÉ CAT U.E.Vic	1:50:08	5:45 5:45 1:40:13 1:43	19:59 14:14 1:47:17 7:04	23:38 3:39 1:48:58 1:41	27:44 4:06 1:50:08 1:10	30:33 2:49	34:40 4:07	39:09 4:29	42:16 3:07	46:06 3:50	49:50 3:44	52:35 2:45	1:00:39 8:04	1:10:36 9:57	1:13:30 2:54	1:19:19 5:49	1:25:54 6:35	1:30:42 4:48	1:32:41 1:59	1:35:54 3:13	1:38:30 2:36
12	DIANA ALVAREDO R CAT BO	1:58:03	13:18 13:18 1:44:55 2:56	18:41 5:23 1:53:49 8:54	22:17 3:36 1:56:45 2:56	27:02 4:45 1:58:03 1:18	30:43 3:41	35:06 4:23	39:08 4:02	43:32 4:24	50:21 6:49	55:04 4:43	59:48 4:44	1:03:02 3:14	1:06:51 3:49	1:09:26 2:35	1:23:27 14:01	1:29:17 5:50	1:34:49 5:32	1:36:24 1:35	1:39:38 3:14	1:41:59 2:21
	ESTEFANIA TORRES CAT Matxacuca	en tarj.	13:57 13:57 1:36:35 2:06	22:36 8:39 ---- 2:06	25:38 3:02 1:40:23 3:48	31:29 5:51 1:44:26 4:03	34:47 3:18	38:53 4:06	43:29 4:36	47:19 3:50	51:25 4:06	53:40 2:15	55:50 2:10	59:08 3:18	1:04:07 4:59	1:06:42 2:35	1:12:57 6:15	1:19:03 6:06	1:23:08 4:05	1:24:59 1:51	1:28:01 3:02	1:34:29 6:28
	CLARA PAÑELLA BA CAT Farra-O	en tarj.	4:38 4:38 1:47:42 1:58	14:25 9:47 1:53:20 5:38	16:54 2:29 ---- 1:56:03	28:00 11:06 1:56:03 2:43	31:16 3:16	34:44 3:28	42:12 7:28	47:06 4:54	51:25 4:19	53:50 2:25	55:29 1:39	58:44 3:15	1:04:56 6:12	1:07:08 2:12	1:10:47 3:39	1:19:03 8:16	1:24:11 5:08	1:25:20 1:09	1:29:45 4:25	1:45:44 15:59
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